

Barthel index



| | Unable to function | Help needed | Independent |
|-----------------------|--------------------|-------------------------------------|-------------|
| Personal hygiene | 0 | 1 | 2 3 4 5 |
| Bathing | 0 | 1 | 2 3 4 5 |
| Eating | 0 | 1 2 3 4 5 6 7 8 9 10 | |
| Toilet | 0 | 1 2 3 4 5 6 7 8 9 10 | |
| Climbing stairs | 0 | 1 2 3 4 5 6 7 8 9 10 | |
| Dressing | 0 | 1 2 3 4 5 6 7 8 9 10 | |
| Defecation control | 0 | 1 2 3 4 5 6 7 8 9 10 | |
| Bladder control | 0 | 1 2 3 4 5 6 7 8 9 10 | |
| Chair-to-bed transfer | 0 | 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 | |
| Mobility | 0 | 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 | |
| Wheelchair mobility | | | 0 1 2 3 4 5 |

Result:

0 – 20

completely dependent

21 – 60

severely dependent

61 – 90

fairly dependent

90 – 99

little dependent

100

independent

Patient:

Record Number:

Date: